

Swimming Programme

Main Pool



	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00
Monday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6	Lane Swimming 7.00am – 8.30am		Lifeguard Training 8.30am – 10.30am				Lane Swimming 10.30am – 6.30pm										Swim Academy 4.00pm – 6.00pm		Diving 6-6.30pm	Walsall Swimming Club 6.30pm – 8.00pm										
Tuesday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6	Lane Swimming 7.30am – 7.30pm										Public Swimming 11.45am – 1.15pm				Swim Academy 4pm – 5.30pm		Diving 6-6.30pm	Public Swim 4.00-7.30pm		Tamworth Sub Aqua Club 7.30pm – 8.30pm										
Wednesday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6	Lane Swimming 7.00am – 6.00pm										Early Morning Swimming 7.00am – 8.30am		Public Swimming 11.45am – 1.15pm				Public Swimming 4.00pm – 6.00pm		Walsall Synchronised Swimming Club 6.00pm – 8.30pm											
Thursday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6	Lane Swimming 7.30am – 7.00pm										Public Swimming 4.00pm – 6.00pm				City of Birmingham Water Polo 6.00pm – 8.30pm															
Friday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6	Lane Swimming 7.00am – 6.00pm										Early Morning Swimming 7.00am – 8.30am		Public Swimming 11.45am – 1.15pm				Public Swimming 4pm – 5pm	Swim Academy 5pm – 6pm	ASA Regional Training Centre Water Polo 6.00pm – 8.00pm		Walsall Synchronised Swimming Club 8.00pm – 10.00pm									
Saturday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6	Lane Swimming 7.30am – 9.00am		Walsall Synchronised Swimming Club 9.00am – 12.30pm						Lane Swimming 12.30pm – 1.30pm		Public Swimming 12.30pm – 1.30pm		Swim Academy 8am – 9am																	
Sunday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6	Lane Swimming 7.30am – 12.00pm						Public Swimming 7.30am – 12.00pm																							

Walsall Leisure Child Admission Policy

1. All children under the age of 8 must be accompanied by a responsible adult of 16 years or over at all times.
2. 1 adult may accompany two children aged 4 to 7 or one child aged under 4.

Gala Pool events: Please be aware that the Gala Pool hosts regular events and monthly staff training (Mon 9.30am-11.30am) which may result in amendments to this programme. All changes will be posted in advance on notice boards and website.

Swimming Programme Teaching Pool

	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00				
Monday			Public Swimming 7.00am – 8.30am								Public Swimming 11.45am – 1.15pm		School Swimming 1.30pm – 3.00pm							Swim Academy 4.00pm – 6.30pm				Walsall Swimming Club 6.30pm – 8.00pm											
Tuesday											Public Swimming 11.45am – 1.15pm		School Swimming 1.30pm – 3.00pm							Swim Academy 4.00pm – 6.00pm													Tamworth Sub Aqua 7.30pm – 8.30pm		
Wednesday			Public Swimming 7.00am – 8.30am								Public Swimming 11.45am – 1.15pm		School Swimming 1.30pm – 3.00pm								Public Swimming 4.00pm – 6.00pm				Walsall Synchro Club 6.00pm – 7.30pm										
Thursday											Public Swimming 11.45am – 1.00pm		School Swimming 1.30pm – 3.00pm								Public Swimming 4.00pm – 6.00pm												City Of B'ham Water Polo 7.00pm – 8.30pm		
Friday			Public Swimming 7.00am – 8.30am								Public Swimming 11.45am – 1.15pm		School Swimming 1.30pm – 3.00pm								Swim Academy 4.00pm – 6.00pm														
Saturday																					Swim Academy 8.00am – 10.30am													Synchro Club 10.30am – 12.30pm	Public Swimming 12.30pm – 1.30pm
Sunday																																		Public Swimming 7.30am – 12.00pm	

Swimming Programme

Brine Pool

	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	
Monday	Shallow																												
	Middle																												
	Deep																												
Tuesday	Shallow																												
	Middle																												
	Deep																												
Wednesday	Shallow																												
	Middle																												
	Deep																												
Thursday	Shallow																												
	Middle																												
	Deep																												
Friday	Shallow																												
	Middle																												
	Deep																												
Saturday	Shallow																												
	Middle																												
	Deep																												
Sunday	Shallow																												
	Middle																												
	Deep																												

*Aqua-therapy (self referral)